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External load during football training: the power of acceleration and deceleration

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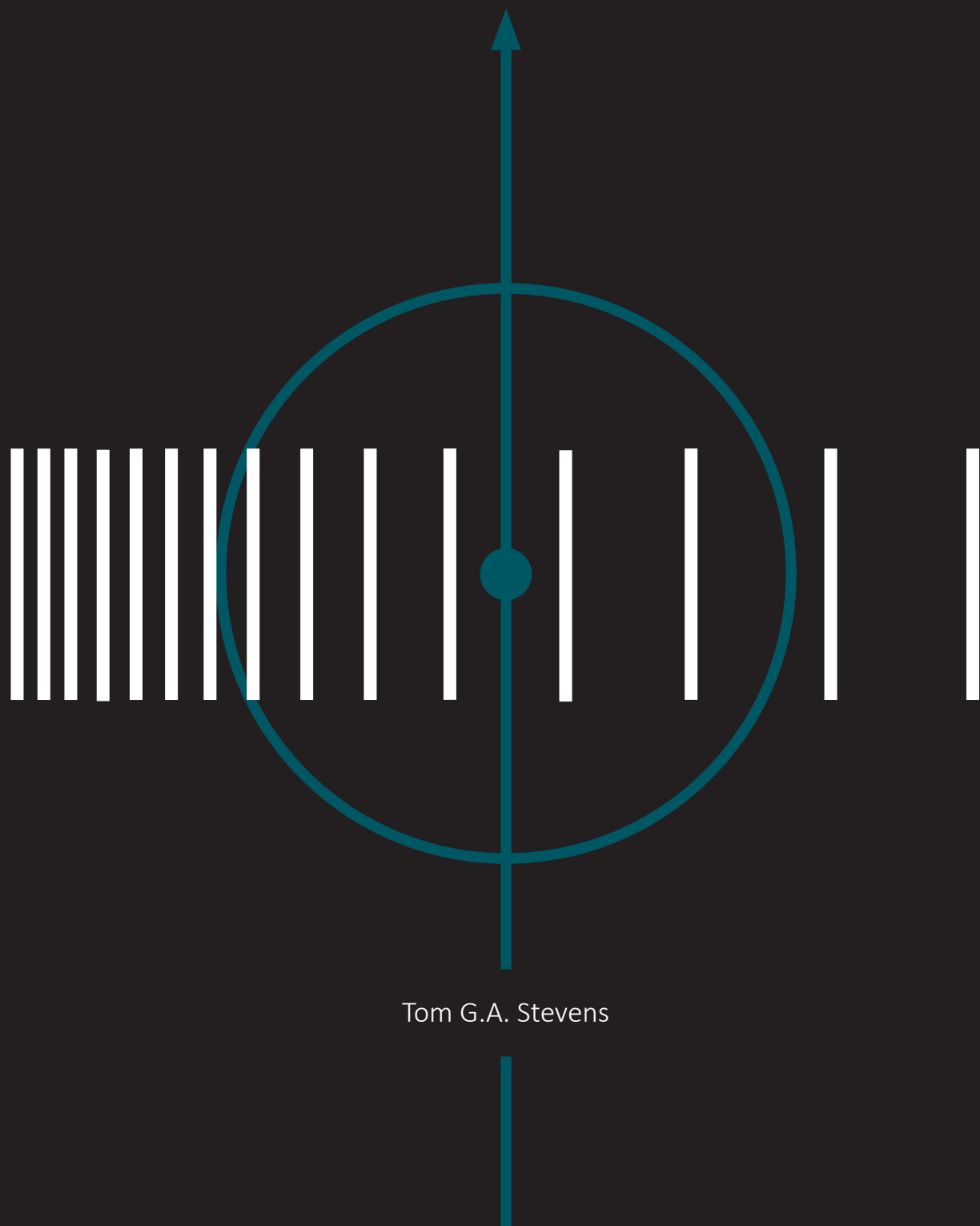
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EXTERNAL LOAD DURING FOOTBALL TRAINING

the power of acceleration and deceleration



Tom G.A. Stevens



inspired by motion

Freedom of movement in all its aspects determines quality of life – from cell to organ and from organ to the entire body. Our inspiration is substantiated through research into regenerative medicine, rehabilitation and sport.

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